



CONGREGATION BETH SHALOM

High Holiday 5787 Website: tinyurl.com/CBSHH5787



CBS
High Holiday
Information
5787/2026

Congregation Beth Shalom | 3433 Walters Avenue | Northbrook, IL 60062 | 847-498-4100 | www.BethShalomNB.org

HIGH HOLIDAY TICKET PICK-UP and YOM BETH SHALOM 5787/2026



High
Holidays
5787

SEPTEMBER 2026

GATE
ALEPH

ROW
613

VIP MEMBER SEAT



**Sunday, August 30
2:00 p.m. - 5:00 p.m.**

Tickets will be
distributed at CBS!

No tickets will be distributed
before this date.

Pick up your High Holiday
tickets, information about
CBS programs and classes,
and hear about what else is
going on at
Congregation Beth Shalom!

**Join us for an afternoon of
activities and fun
and stay for our
CBS Welcome Back Dinner!
See details on page 6 and
register for the Welcome
Back Community Dinner:
tinyurl.com/YBSCBS2026**

Dear Congregation Beth Shalom Community,

During the *Neilah* service that concludes Yom Kippur, the *mahzor* calls forth these questions:

Mah anu What are we? Mah chayeinu ... What is our life? Mah chasdeinu ... What is our goodness? Our righteousness? Our achievement? Our power? Our victories? What shall we say in Your presence, Our God and God of our ancestors?

These are deep questions. They cut to the core of our very existence. Every fall, the High Holidays invite us to gather, as one sacred community, to reflect on these and many other questions. Together, we will reconnect and renew our relationships with one another, our traditions, and God. We will fill our sanctuary with prayer, music, learning, and the warmth of community.

We need you with us!

The High Holidays will commence with Erev Rosh Hashanah on Friday, September 11. We've moved this brief, engaging service earlier to **5:30 pm** to make it easier for all who wish to join us. We promise you'll be on your way to dinner by 7:00 pm! Let's bring in the year 5787 together.

This year, we are excited to offer a **new program for adults** on both Rosh Hashanah and Yom Kippur. ***Beyond the Mahzor*** will invite us to close the prayerbook as we explore the deeper themes and meanings of the season.

Our youngest families will once again enjoy engaging, innovative programming at the nearby Northbrook Community Center (formerly the Northbrook Leisure Center). Plus, we are expanding our popular **Camp Shofar** drop-off program on both Rosh Hashanah Day One and Yom Kippur to serve even more children and families.

As we begin our 59th year as a congregation, we are grateful for the vibrant community we continue to build together. Whether you have been with us for decades or have joined us more recently, your presence enriches our congregation and makes CBS a place where Jewish life flourishes across generations.

Inside this brochure, you'll find our complete High Holiday schedule, program information, ticket details, family programming, and opportunities to participate throughout the season. We encourage you to join us during these meaningful days.

As we prepare to enter this new year together, may these High Holidays bring moments of reflection, gratitude, healing, and hope.

Shanah Tovah U'Metukah,

Rabbi David Chapman

Senior Rabbi David Chapman

Cantor Steven

Senior Cantor Steven Stoehr

Kevin Braude

Kevin Braude, CBS President

Rabbi Jacki Honig

Assistant Rabbi Jacki Honig

High Holiday Schedule - 5787/2026
Selichot - Saturday, September 5, 2026

Memorial Plaque Dedication	<i>Feather Beit Midrash</i>	8:30 p.m.
Selichot with Beth Hillel Bnai Emunah	<i>Kamensky Sanctuary</i>	9:00 p.m.

Erev Rosh Hashanah - Friday, September 11, 2026

Shabbat and Service to Welcome the Festival	<i>Kamensky Sanctuary</i>	5:30-6:45 p.m.
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First Day of Rosh Hashanah - Saturday, September 12, 2026

Service	<i>Kamensky Sanctuary</i>	8:30 a.m.
Ark Adventures-1st Seating (ages birth-5 & their families)	<i>Northbrook Community Center- 3323 Walters Avenue</i>	9:00 a.m.
Camp Shofar (K-5th grades)	<i>CBS Classrooms</i>	9:15-11:15 a.m.
Childcare (ages 3-4)	<i>CBS Classrooms</i>	10:00 a.m.-12:30 p.m.
Hands-On High Holidays Drop-In (ages 3-7 & their families)	<i>Northbrook Community Center</i>	10:00 a.m.-12:00 p.m.
Ark Adventures-2nd Seating (ages birth-5 & their families)	<i>Northbrook Community Center</i>	11:00 a.m.
Club 67 (6th-7th grades)	<i>CBS Classrooms</i>	11:00 a.m.
Days of Awesome Family Program (3rd-5th grades & their families)	<i>CBS Gloss Youth Lounge</i>	11:30 a.m.-12:30 p.m.
Beyond the Mahzor	<i>Marian Renee Saltzberg Learning Resource Center</i>	12:00-1:00 p.m.
Mincha/Ma'ariv Service	<i>Feather Beit Midrash</i>	7:00 p.m.

Second Day of Rosh Hashanah - Sunday, September 13, 2026

Service	<i>Kamensky Sanctuary</i>	8:30 a.m.
Families With Young Children Service (ages birth-2nd grade & their families)	<i>CBS Gloss Youth Lounge</i>	9:00 a.m.
Childcare (ages 3-4)	<i>CBS Classrooms</i>	10:00 a.m-12:30 p.m.
Tefillah and Tikkun (3rd grade and up & their families)	<i>CBS Gloss Youth Lounge</i>	11:00 a.m.
HUGS Rosh Hashanah Service	<i>Kamensky Sanctuary</i>	3:00 p.m.
Rosh Hashanah Teen Program (8th-12th grades –at CBS in case of inclement weather)	<i>Wood Oaks Pond</i>	4:30 p.m.
Tashlich (in case of inclement weather, clergy will announce Tashlich at Wood Oaks is cancelled)	<i>Wook Oaks Pond</i>	5:30 p.m.
Mincha/Ma'ariv Service	<i>Feather Beit Midrash</i>	7:45 p.m.

Kol Nidre - Sunday, September 20, 2026

Service	<i>Kamensky Sanctuary</i>	6:00 p.m.
Childcare (ages 3-7)	<i>CBS Classrooms</i>	6:00 p.m.

Yom Kippur Day - Monday, September 21, 2026

Service Yizkor will take place during the Torah service, but not before 11:00 a.m.	<i>Kamensky Sanctuary</i>	9:00 a.m.
Camp Shofar (K-5th grades)	<i>CBS Classrooms</i>	9:15 a.m.-12:00 p.m.
Families with Young Children Service-1st Seating (ages birth-2nd grade & their families)	<i>Northbrook Community Center</i>	9:30 a.m.
Tale of the Whale-1st Showing (ages birth-5 & their families)	<i>Northbrook Community Center</i>	9:30 a.m.
Hands-On High Holidays Drop-In (ages 3-7 & their families)	<i>Northbrook Community Center</i>	10:30 a.m.-12:30 p.m.
Childcare (ages 3-4)	<i>CBS Classrooms</i>	10:30 a.m.-12:30 p.m.
Families with Young Children Service-2nd Seating (ages birth-2nd grade & their families)	<i>Northbrook Community Center</i>	11:00 a.m.
Tale of the Whale-2nd Showing (ages birth-5 & their families)	<i>Northbrook Community Center</i>	11:00 a.m.
Club 67 (6th-7th grades)	<i>CBS Classrooms</i>	11:00 a.m.
Yom Kippur Teen Program (8th-12th grades)	<i>CBS Classrooms</i>	11:30 a.m.
Beyond the Mahzor	<i>Marian Renee Saltzberg Learning Resource Center</i>	12:30-1:30 p.m.
Mincha Service	<i>Kamensky Sanctuary</i>	4:30 p.m.
Neilah and Concluding Service	<i>Kamensky Sanctuary</i>	Following Mincha

The final Shofar blast will be at approximately 7:32 p.m.



FAMILIES WITH YOUNG CHILDREN & YOUTH CBS HIGH HOLIDAYS 5787/2026

ROSH HASHANAH DAY 1 - SAT SEP 12



9:00 OR 11:00AM: ARK ADVENTURES (AGES BIRTH-5 & THEIR FAMILIES)
*NORTHBROOK COMMUNITY CENTER

9:15-11:15AM: CAMP SHOFAR (K-5TH GRADES, DROP OFF) CBS CLASSROOMS

10:00AM-12:30PM: CHILDCARE (AGES 3-4) CBS CLASSROOMS

10:00AM-12:00PM: HANDS-ON HIGH HOLIDAYS DROP-IN (AGES 3-7 & THEIR FAMILIES) *NORTHBROOK COMMUNITY CENTER

11:00AM: CLUB 67 (6TH-7TH GRADES) CBS CLASSROOMS

11:30AM-12:30PM: DAYS OF AWESOME FAMILY PROGRAM (3RD-5TH GRADE & THEIR FAMILIES) CBS GLOSS YOUTH LOUNGE

ROSH HASHANAH DAY 2 - SUN SEP 13



9:00AM: FAMILIES WITH YOUNG CHILDREN SERVICE (AGES BIRTH-2ND GRADE & THEIR FAMILIES) CBS GLOSS YOUTH LOUNGE

10:00AM-12:30PM: CHILDCARE (AGES 3-4) CBS CLASSROOM

11:00 AM: TEFILLAH AND TIKKUN (3RD GRADE AND UP & THEIR FAMILIES)
CBS GLOSS YOUTH LOUNGE

4:30PM: ROSH HASHANAH TEEN PROGRAM (8TH-12TH GRADE) PRIOR TO TASHLICH
AT WOOD OAKS POND (AT CBS IN CASE OF INCLEMENT WEATHER)

KOL NIDRE - SUN SEP 20

6:00PM: CHILDCARE (AGES 3-7) CBS CLASSROOMS

YOM KIPPUR DAY - MON SEP 21



9:15AM-12:00PM: CAMP SHOFAR (K-5TH GRADES) CBS CLASSROOMS

9:30AM OR 11:00AM: FAMILIES WITH YOUNG CHILDREN SERVICE (AGES BIRTH-2ND GRADE & THEIR FAMILIES) *NORTHBROOK COMMUNITY CENTER

9:30AM OR 11:00AM: TALE OF THE WHALE (AGES BIRTH-5 & THEIR FAMILIES)
*NORTHBROOK COMMUNITY CENTER

10:30AM-12:30PM: HANDS-ON HIGH HOLIDAYS DROP-IN (AGES 3-7 & THEIR FAMILIES) *NORTHBROOK COMMUNITY CENTER

10:30AM-12:30PM: CHILDCARE (AGES 3-4) CBS CLASSROOMS

11:00AM: CLUB 67 (6TH-7TH GRADES) CBS CLASSROOMS

11:30AM: YOM KIPPUR TEEN PROGRAM (8TH-12TH GRADES)
CBS CLASSROOMS

QUESTIONS ABOUT CBS FAMILIES WITH YOUNG CHILDREN AND YOUTH HIGH HOLIDAYS PROGRAMS?

CONTACT CARLY WALLENSTEIN

847.498.4100 X127 OR

CWALLENSTEIN@BETHSHALOMNB.ORG

REGISTRATION IS REQUIRED & TICKETS WILL BE CHECKED

*NORTHBROOK COMMUNITY CENTER
FORMERLY KNOWN AS THE
NORTHBROOK LEISURE CENTER
3323 WALTERS AVE.

[Click Here to Register](https://www.bethshalomnb.org/register)

tinyurl.com/HHDFYC5787



FAMILIES WITH YOUNG CHILDREN & YOUTH CBS HIGH HOLIDAYS 5787/2026 SERVICE DESCRIPTIONS



HANDS-ON HIGH HOLIDAYS: AGES 3-7 & FAMILIES

Drop in for a festive High Holiday experience featuring chag-friendly crafts, activities, games, and interactive fun for the whole family. Children must be accompanied by an adult.

CAMP SHOFAR: K-5TH GRADE



A fun-filled learning experience where children explore the meaning of the High Holidays through music, tefillah, discussions, games, and creative activities.

ARK ADVENTURES: BIRTH-5 & THEIR FAMILIES



Celebrate Rosh Hashanah through music, movement, storytelling, and hands-on sensory experiences designed especially for our youngest children. Children must be accompanied by an adult.

CLUB 67: 6TH & 7TH GRADE

Calling all 6th and 7th grade students! Join us for interactive learning session filled with discussion and community building.

CHILDCARE: 3 & 4 YEARS OLD

Professional babysitting will be available during select services. Must be potty trained. Registration is required. Additional cost.

Kol Nidre ages 3-7

DAYS OF AWESOME FAMILY PROGRAM: 3RD-5TH GRADE & THEIR FAMILIES

Experience Rosh Hashanah together with an interactive, musical, and engaging family service created especially for children 3rd-5th grade and their families. Siblings are welcome.

TEEN PROGRAM: 8TH-12TH GRADE



Step into the New Year with awe, friendship, and purpose alongside fellow teens. Leave inspired to make a difference in yourself and your community.

FAMILIES WITH YOUNG CHILDREN SERVICES: BIRTH-2ND GRADE AND THEIR FAMILIES

Welcome the New Year with a joyful, interactive service filled with music, movement, stories, and meaningful moments.

TEFILLAH & TIKKUN: 3RD GRADE & UP & THEIR FAMILIES

Join us for an engaging family service followed by a meaningful Tikkun Olam project as we begin the New Year by making a difference together.



FAMILY QUIET ROOM: AGES 5 & UNDER WITH AN ADULT

Our drop-in, low-sensory Family Quiet Room will be open throughout the High Holidays for families with children ages 5 and under who need a break from services.

FAMILIES WITH YOUNG CHILDREN NON-MEMBER PASS: CHILDREN AGES 7 & UNDER

Know a family with young children looking for a High Holiday home? Our Families with Young Children Non-Member Pass provides access to Congregation Beth Shalom's family-friendly High Holiday programs at the Northbrook Community Center—a wonderful way to experience our community.

\$100 per family • Pre-registration required. Registration opens for prospective member families on Monday, August 24th.

TALE OF THE WHALE: BIRTH-5 & THEIR FAMILIES

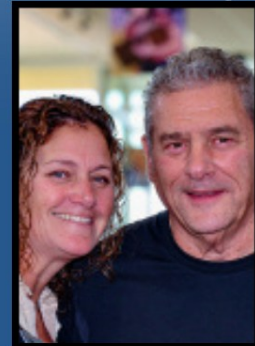


Climb aboard for a multi-sensory theatrical adventure across the ocean, under the waves, and inside the belly of a whale! This creative retelling of the Book of Jonah is perfect for explorers 5 and under and their grown-ups, featuring favorite Ark Adventurers in a production by Northbrook Theatre.

WELCOME HOME YOM BETH SHALOM

Sunday, August 30, 2-5 pm

- Learn about upcoming programs and exciting ways to get involved
- Pick up your High Holiday tickets
- Enjoy games and activities for ALL
- Reconnect with friends and meet new members of the community



WELCOME BACK COMMUNITY DINNER

Sunday, August 30, 5:00 pm

- \$20-Adults (ages 18 and up)
- \$10-Children (ages 9-17)
- Free for ages 8 and under

RSVP Deadline: Thursday, August 20th

[Click Here to Register For Dinner](#)

tinyurl.com/YBSCBS2026

QUESTIONS: REACH OUT TO CARLY WALLENSTEIN
CWALLENSTEIN@BETHSHALOMNB.ORG OR 847-498-4100 EXT.127



CONGREGATION
BETH SHALOM

GUEST TICKET FORM 5787/2026

Number of CBS Rosh Hashanah Guest Tickets @ \$200 _____

Number of CBS Yom Kippur Guest Tickets @ \$200 _____

Number of CBS High Holiday Guest Tickets (Rosh Hashanah & Yom Kippur) @ \$360 _____

Total Amount \$ _____

Name of CBS Member _____

Phone: _____ Email: _____

Guest Information (this information is required for security purposes for each guest):

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Complete our online HIGH HOLIDAY GUEST TICKET FORM tinyurl.com/HHGuest5787 or send completed form with check

Attention: High Holiday Guest Ticket, Congregation Beth Shalom, 3433 Walters Avenue, Northbrook, IL 60062.

Questions, contact Lauri Holmes at LHolmes@BethShalomNB.org.



Second Day of Rosh Hashanah
Sunday, September 13, 2026
5:30 PM @ Wood Oaks Pond
(1250 Sanders Road, Northbrook)

During the season of repentance, we are called upon to do T'shuvah to return to God in sincerity and truth.
During Tashlich, we gather at a body of water into which we symbolically cast our sins.

In case of inclement weather, Clergy will announce Tashlich at Wood Oaks is cancelled.

HIGH HOLIDAY USHERS NEEDED

Volunteers needed to usher for High Holiday services. Most ushering assignments are for 1-2 hour shifts. What a great mitzvah to do during the holiday season!

Ushers help distribute High Holiday prayer books, help members find the perfect seat, direct CBS members to the appropriate service, and wish everyone a L'Shanah Tovah.

To volunteer to be an usher, email Michael Garlin, CBS Executive Director at MGarlin@BethShalomNB.org. You will receive a sign-up form in the beginning of September to select your shift(s). Thank you!

HIGH HOLIDAY HONORS

We would like to invite members of Congregation Beth Shalom who have never received a High Holiday honor to let us know if you would like one. Don't worry if you can't read Hebrew; it can be a non-speaking honor. Honors will take place in the Kamensky Sanctuary services.

If you would like to request a High Holiday honor, email Michael Garlin, CBS Executive Director at MGarlin@BethShalomNB.org no later than **Monday, August 31.**

EVERYTHING YOU WANT TO KNOW ABOUT THE HIGH HOLIDAYS AT CBS THIS YEAR!

Q: Which Clergy will be conducting services?

A: Rabbi Chapman, Cantor Stoeher, and Rabbi Honig will all be participating in our various services at Congregation Beth Shalom throughout the High Holidays, so whichever service you attend you will participate with our clergy.



Q: When will Yizkor take place?

A: On Yom Kippur Day, **Monday, September 21**, Yizkor will take place during the Torah service, **but not before 11:00 a.m.**

Our Yizkor Memorial Tribute will be streaming in our lobby and available on our [High Holiday website](#). Submissions for the **CBS Yizkor Memorial Book** and **Memorial Tributes** are due no later than **Friday, August 21**.

Q: Are tickets required for all High Holiday services?

A: Tickets are required for all of our services during the High Holidays at both Congregation Beth Shalom and the Northbrook Community Center (formerly Northbrook Leisure Center). All CBS members in good standing will receive tickets for the High Holidays.

Q: We will be attending Ark Adventures on Rosh Hashanah as a family, our 3rd grader will be attending Camp Shofar, and my spouse is planning on going to most of the services in the Kamensky Sanctuary throughout the holidays. What do we need to do?

A: Please complete the Families With Young Children & Youth [Ticket Registration Form](#) as soon as possible to let us know who is coming to Ark Adventures and Camp Shofar. You will get a special ticket for those services/programs. All adult members in good standing will receive tickets for services in the sanctuary.

Q: Will the High Holiday services be live streamed? Will they be restricted for CBS members only?

A: Yes, all of our High Holiday services that take place from the Kamensky Sanctuary will be [live streamed](#) as well as our Mincha/Ma'ariv services from the Feather Beit Midrash. High Holiday services are a benefit of your CBS membership. Therefore we will email you a **password** for the live streaming approximately **one week** before Rosh Hashanah.

Q: I have a disabled license plate/placard. Will there be reserved parking for me?

A: We will have a limited number of accessible spaces. We recommend arriving when the lot opens for an easier time navigating your way into the building. The lot will open **30 minutes** before the start time of services. We will have parking attendants onsite to assist you in finding parking. If you have difficulty walking long distances, you may prefer to be dropped off near the front door before securing a parking spot for themselves.

Parking during the holidays is always a challenge. We ask that you carpool, walk, or drive only one car to the synagogue. Northbrook allows street parking in the neighborhoods; please be kind, do not block driveways.

Q: Are children allowed in the Kamensky Sanctuary service?

A: Children of all ages are welcome in any service with an adult.

We ask that strollers be parked in the designated area for safety reasons.

There will be a Family Quiet Room available throughout the High Holidays at CBS for parents or family members to bring children age 5 and under if they need to step out of services.

Q: My adult children are visiting for the holidays this year. Can I buy guest tickets so they can attend services with me?

A: Yes! Guest tickets are available for purchase for **\$360** per guest (\$200 for Rosh Hashanah or Yom Kippur only). Submit the [Online Guest Ticket Form](#) or complete the form on **page 7**.

If your adult children are members of another synagogue, they qualify for **reciprocity** tickets. Please contact Mara Bernstein at MBernstein@BethShalomNB.org or 847.498.4100 x 110 by **Monday, August 31** to arrange for reciprocity.

CANDLE LIGHTING TIMES

Erev Rosh Hashanah, 9/11/26

6:49 pm – Candle Lighting

1st Night of Rosh Hashanah, 9/12/26

7:48 pm – Candle Lighting

Kol Nidre, 9/20/26

6:33 pm – Candle Lighting

Yom Kippur, 9/21/26

7:32 pm – Fast Ends

Erev Sukkot, 9/25/26

6:24 pm – Candle Lighting

1st Night of Sukkot, 9/26/26

7:23 pm – Candle Lighting

Hoshanah Rabah/Erev Shemini Atzeret, 10/2/26

6:12 pm – Candle Lighting

Shemini Atzeret, 10/3/26

7:10 pm – Candle Lighting

ברוך אתה, יי אלהנו, מלך העולם, אשר קדשנו במצותיו
וצונו להדליק נר של (שבת ושל) יום הכפורים.

Ba-ruch ata Adon-nai Elo-hei-nu melech ha-olam asher ki-de-sha-nu be-mits-votav ve-tsi-va-nu le-had-lik neir shel (shabbat ve-shel) Yom ha-kippurim.

Blessed are You, Adonai our God, Ruler of the universe, who has made us holy with commandments and commanded us to kindle the lights of (Shabbat and) Yom Kippur.

ברוך אתה, יי אלהנו, מלך העולם, אשר קדשנו
במצותיו וצונו להדליק נר של (שבת ושל) יום טוב.

Ba-ruch ata Adon-nai Elo-hei-nu melech ha-olam asher ki-de-sha-nu be-mits-votav ve-tsi-va-nu le-had-lik neir shel (shabbat ve-shel) Yom Tov.

Blessed are You, Lord our God, Ruler of the Universe, who has sanctified us with commandments and commanded us to light (Shabbat and) festival candles.



The Louis Gurvitz Memorial Sisterhood Judaica Shop

In-Person Shopping at
Yom Beth Shalom
Sunday, August 30, 2026
2:00-5:00 PM

Judaica Shop Co-Chairs
Robyn Rosengard
Jody Sigal
Jackie Zerkowitz

For more information
CBSJudaica@gmail.com

[Click here for Sisterhood Judaica Shop
Square Site](#)



Round Plain Challah \$8.00

Round Raisin Challah \$9.00

Round Chocolate Chip Challah \$9.00

Bakery items from Mizrahi Market



Order deadline Thursday, September 3 @ 5:00 pm

Place orders here:

tinyurl.com/SHChallah26

CHALLAH PICKUP - Thursday, September 10
11:00 a.m. - 1:00 p.m.

Curbside and/or Foyer of CBS
3433 Walters Avenue, Northbrook

Questions contact Sandi Abel 847.208.4003 or
patchable@aol.com



שנה טובה ומתוקה



**HUGS INVITES YOU TO A
ROSH HASHANAH SERVICE FOR
FAMILIES WITH SPECIAL NEEDS***

**Sunday, September 13, 2026
(Rosh Hashanah Day 2)
3:00 pm
Open to the Community**

**This service is designed to be accessible and sensitive to a variety of needs.*

For more information, contact
Cantor Steven Stoehr
CantorStoehr@BethShalomNB.org or
847.498.4100 x114

Selichot

**Saturday, September 5
Memorial Plaque Dedication
8:30 pm
(in-person & [live stream](#) from the
Feather Beit Midrash)**

**Selichot Service
together with
Beth Hillel Bnai Emunah
9:00 pm
(in-person & [live stream](#) from the
Kamensky Sanctuary)**



**PURCHASE LULAV AND ETROG
FOR SUKKOT 5787/2026**



The Lulav (palm branch with myrtle and willow) and Etrog (citron) are symbols of the holiday and an important part of the Festival's observance.

**Each set of Lulav and Etrog is
\$58.00 and must be pre-ordered.**

Place your order online no later than
Wednesday, September 2 at 5:00 pm.

Pre-ordered Lulav and Etrog will be available for
**pick-up at Congregation Beth Shalom
Thursday, September 24 between 9:00am-5:00pm.**

Place your order here tinyurl.com/Sukkot5787.

Questions contact Lisa at
LWeisner@BethShalomnb.org or 847.498.4100 x129

**HIGH HOLIDAY
CANNED FOOD DRIVE**



"This is my chosen fast...

*Share your bread with the hungry
Take the homeless into your home.
Clothe the naked when you see him,
Do not turn away from people in need."*

-Isaiah 58

As we prepare for the High Holidays,
we ask each congregant to drop off food
(only canned Kosher, no glass, and no expired food please)
to the synagogue

**beginning Sunday, August 30
(Yom Beth Shalom/High Holiday Ticket Pick-Up)
through Monday, September 21
See The Ark's pantry collection list [here](#)!**

The food should be placed
inside the CBS lobby near the coat room for distribution to the
hungry of Chicago via The Ark.

Engaging with our Inner Prayers on Yom Kippur

Every year Jews gather to wrestle with our inner selves and to consider how we might approach the New Year. One wishing to connect with God on this auspicious day offers words of our tradition but can also offer words of one's own conscience and heart.

When people travel to Israel it is common for them to visit the Kotel, the Western Wall, and it is quite normal that they place a *kvitel*, a small piece of paper on which one pens a petitionary prayer, in a crevice of the Kotel as a "note to God". We wish to invite **every member of CBS** to do likewise for the High Holidays.

This personal act of "letter writing to God" is an added gesture of petition which enhances one's opportunity to reach out to God in a new way. Please complete your personal note online by **Friday, September 18**, which we will then place in the Ark. These notes shall remain in the Ark until after the holiday of Sukkot, when one's complete judgment by God is said to be finalized.

Submit online here tinyurl.com/Kvitel5787 or pick up a form during the holidays at the synagogue.

May God seal you and your loved ones in the Book of Life.

A promotional poster for the CBS Youth Honey Fundraiser. The background is a warm yellow-orange gradient with stylized white and brown bees flying around. At the top center is the Congregation Beth Shalom logo, featuring a flame icon and the text "CONGREGATION BETH SHALOM". Below this, the main title "CBS YOUTH HONEY FUNDRAISER" is written in large, bold, brown letters. Underneath the title, a yellow banner says "\$18 PER JAR!". To the right of the title is an illustration of a brown honey jar with a white label that says "Shana Tova" in a cursive font. Below the title and price, the text "ALL ORDERS HELP SUPPORT THE CBS YOUTH ENDOWMENT FUND." is written in small, brown, all-caps letters. This is followed by a paragraph: "This 8-ounce jar of delicious kosher honey arrives in time for the Rosh Hashanah holiday, decorated with a colorful label, and includes a personalized card reading 'L'Shana Tova- Wishing you a Healthy and Happy New Year'." Another paragraph follows: "This card also lets the recipient know that a donation has been made in their honor to Congregation Beth Shalom's Youth Endowment Fund. The Youth Endowment Fund helps ensure that CBS Youth programming remains strong for generations to come. Through invested donations, it provides ongoing support for youth programming, leadership opportunities, and scholarships." Below this, the text "HONEY WILL BE AVAILABLE FOR PURCHASE AT YOM BETH SHALOM ON SUNDAY, AUGUST 30 AT CBS (QUANTITIES LIMITED)" is written in brown, all-caps letters. Then, "IF YOU ARE ORDERING ONLINE, MAKE SURE TO PLACE YOUR ORDER BY AUGUST 16 FOR FREE SHIPPING AND SEPTEMBER 1 (PLUS SHIPPING) TO HAVE YOUR HONEY FOR THE HIGH HOLIDAYS!" is written in brown, all-caps letters. At the bottom, a yellow banner says "ORDER AT [ORTHONEY.COM](https://orthoney.com) AND CHOOSE BSY". Below this banner, the text "Questions? Email Carly Wallenstein at cwallenstein@bethshalomnb.org" is written in brown, all-caps letters.

Click [HERE](https://orthoney.com) to Order - orthoney.com and choose BSY



Yizkor Memorial Photos

Help us add a personal touch to our Yizkor service by including photos of your loved ones. We ask that you consider uploading one photograph of each of your loved ones for whom you will be reciting Kaddish. These photographs will be part of a wonderful memorial tribute that will be available on our [High Holiday website](#) and streamed in our lobby prior to our Yizkor memorial service on **Monday, September 21**. **Any pictures submitted in previous years will automatically be included - please DO NOT submit again.**

All photographs are due no later than **Friday, August 21**. Late submissions cannot be accommodated. Please upload your picture(s) in **jpg format only online here** tinyurl.com/Yizkor5787 - or if you are unable to do so you may email your photos (jpg format only) to Lisa Weisner at LWeisner@BethShalomNB.org. **You can upload your picture(s) at the same time you fill out your Yizkor Memorial Book form.**

The **Yizkor Memorial Book** will be available on the [High Holiday 5787/2026 webpage](#) and **available for pick-up** at the synagogue on **Wednesday and Thursday, September 16-17, from 10:00 am - 4:00 pm.**



High Holiday Prayer Book

If you will not be attending services in-person and need to borrow a *mahzor*, a limited number will be available for pick-up at CBS during High Holiday Pick-Up on **Sunday, August 30, between the hours of 2:00-5:00 pm.** If you are unable to

pick-up a *mahzor* during this time, stop by the CBS Main Office and signout a *mahzor* to return after the High Holidays are over.

Mahzorim are also available for purchase. For anyone who would like to have their own personal copy for at home use, we are pleased to make it available for purchase at a reduced cost: ***Mahzor Lev Shalem* - \$55.** Click [here](#) to order: tinyurl.com/prayerbookorder.

High Holiday Live Streaming



With the click of a button you can watch our Holiday services live from the [CBS website](#) on your smartphone, computer or tablet:

<https://www.bethshalomnb.org/pray/live-streaming/>.

All CBS High Holiday Services will be **Live Streamed** from the Kamensky Sanctuary.

All adult members in good standing will receive a password by email (or mail if you do not have an email) approximately one week prior to Rosh Hashanah.

Click [here](#) for tips for better Live Streaming

ACCESSIBILITY & INCLUSION

Congregation Beth Shalom is committed to being a fully inclusive community.

We have large print *Mahzorim* and Yizkor books and magnifying plates that fit over the page if needed.

During the High Holidays and throughout the year, CBS has many other aids available that can assist a person to engage completely in worship (upon request).

Please email your requests to Michael at MGarlin@bethshalomnb.org or call the synagogue office at 847.498.4100 in advance to make arrangements.



SELICHOT	September 5, 2026
EREV ROSH HASHANAH	September 11, 2026
ROSH HASHANAH	September 12-13, 2026
KOL NIDRE	September 20, 2026
YOM KIPPUR/YIZKOR	September 21, 2026
EREV SUKKOT	September 25, 2026
SUKKOT	September 26-27, 2026
CHOL HAMOED SUKKOT	September 28-October 1, 2026
HOSHANAH RABBAH/	October 2, 2026
EREV SHEMINI ATZERET	
SHEMINI ATZERET/	October 3, 2026
YIZKOR	
SIMCHAT TORAH	October 4, 2026



Due No Later Than Friday, August 21, 2026

Complete online Yizkor form - tinyurl.com/CBSYizkor5787.

You may upload photograph(s) for the Yizkor Memorial Service at the same time. Any picture(s) submitted last year will be included this



YIZKOR

MEMORIAL BOOK

Remember Your Loved Ones

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5787/2026

NAMES OF DEPARTED (PLEASE PRINT IN ENGLISH):

To view the names that were included in the Yizkor Memorial Book from 5786 click [here](#)

Your Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Cell: _____

To ensure that the names of your loved ones appear in the Yizkor Memorial Book, please return this form to the Congregation Beth Shalom no later than **Friday, August 21, 2026**.

Attention: Yizkor Book, 3433 Walters Avenue, Northbrook, IL 60062.

Even though you may have given us this information in the past, names must be submitted every year online or with this form.

Names of Departed who are inscribed in our Moseson Memorial Alcove, Feather Beit Midrash, and Library Alcove are automatically inscribed in the Yizkor Book.

It is customary to make a nominal contribution to charity when submitting names of your departed. Should you desire to do so, please make your check payable to **Congregation Beth Shalom Pathways to Engagement Fund**, to subsidize families ability to engage with our CBS community or make your donation on **MyCBS**.

Submit your form online here tinyurl.com/CBSYizkor5787



CONGREGATION
BETH SHALOM

HIGH
HOLY
DAYS



3433 Walters Avenue | Northbrook, IL 60062-3298
847-498-4100 | info@BethShalomNB.org
www.BethShalomNB.org

US POSTAGE
PAID
Permit 144
Northbrook, IL

CURRENT OCCUPANT OR:

5787/2026
High Holiday Website
tinyurl.com/CBSHH5787

5787 CBS L'Shanah Tovah Greetings

Wish your friends and family a *sweet new year*.
Your greeting will be listed in the
CBS October Bulletin.

Donation: \$18
Deadline: Tuesday, September 1
tinyurl.com/lshanahtovah5787

Questions? Contact Mara at mbernstein@bethshalomnb.org

Send Greetings Here: tinyurl.com/lshanahtovah5787



CONGREGATION
BETH SHALOM