

CONGREGATION BETH SHALOM



APRIL 12-20 5785-2025





All Pesach services will be in-person & live streamed from the CBS website: www.bethshalomnb.org/pray/live-streaming/.

All services will be in the *Feather Beit Midrash* unless otherwise noted on the service schedule below.

5785/2025 - Pesach Service Schedule				
Thursday, April 10		Morning Minyan/Siyum/Fast of the Firstborn	7:45 AM	
		Bedikat Chametz: Search for Leaven After	7:57 PM	
Friday, April 11		You can sell and burn chametz until	11:45 AM	
		Shabbat Service	6:00 PM	
		Candle Lighting	7:09 PM	
Saturday, April 12	1 st Night Pesach	Shabbat Service - Kamensky Sanctuary	9:30 AM	
	First Seder	You can eat chametz until	10:38 AV	
		Mincha/Service to Welcome the Festival	6:00 PM	
		Candle Lighting	8:13 PM	
Sunday, April 13	1 st Day Pesach	Festival Service - Kamensky Sanctuary	9:30 AV	
		Mincha and Festival Ma'ariv	6:00 PM	
		Candle Lighting After	8:14 PM	
Monday, April 14	2 nd Day Pesach	Festival Service - Kamensky Sanctuary	9:30 AV	
		Yom Iyyun (Day of Learning) for 3-11 year olds & their	11:00 AN	
		families co-sponsored with Schechter		
		Evening Minyan	7:45 PN	
Tuesday, April 15	3 rd Day Pesach	Morning Minyan	7:45 AN	
		Evening Minyan	7:45 PM	
Wednesday, April 16	4 th Day Pesach	Morning Minyan	7:45 AM	
		Evening Minyan	7:45 PM	
Thursday, April 17	5 th Day Pesach	Morning Minyan	7:45 AN	
		Evening Minyan	7:45 PM	
Friday, April 18	6 th Day Pesach	Morning Minyan	7:45 AV	
••		Shabbat and Festival Service	6:00 PM	
		Candle Lighting	7:16 PM	
Saturday, April 19	7 th Day Pesach	Shabbat and Festival Service - <i>Kamensky Sanctuary</i>	9:30 AV	
		Mincha and Festival Ma'ariv	6:00 PM	
		Candle Lighting After	8:22 PM	
Sunday, April 20	8 th Day Pesach	Festival Service with Yizkor - Kamensky Sanctuary	9:30 AM	
		Mincha/Ma'ariv	7:45 PM	

YOU MAY CONSUME ANY CHAMETZ THAT YOU AUTHORIZED RABBI CHAPMAN & CANTOR STOEHR TO SELL AFTER 10:00 PM ON SUNDAY, APRIL 20, 2025

Pesach, the Festival of Freedom, born of the liberation from Egyptian bondage, has left an indelible impression on Jewish memory. Apart from its observance in the synagogue, Pesach has a unique place in the Jewish home because of the Seder and because of the changed atmosphere in the home during the Pesach week.

Pesach is both the most challenging and the most rewarding of festivals for the household. When the Jewish people left the land of Egypt, they did not have the time to let their bread rise. Instead, they ate Matzah, unleavened bread. Therefore, in commemoration, we separate ourselves from all leavened products during this eight day Festival.

The Seder is an experience shared by the entire family, both as a celebration and a learning experience. It is a beautiful night greatly enhanced by the special foods served. It is on this night that all the artistry of Jewish cuisine comes to the forefront.



Join CBS and Schechter for Yom Iyyun on the second day of Passover, Monday, April 14 @ 11am for 3-11 year olds and their families!

REGISTER HERE: https://tinyurl.com/CBSyomiyyun

YOM YYUN

Day of Learning with CBS & Schechter!

3 - 11 year olds: join us for a fun-filled morning of learning, songs, & games led by Schechter teachers & CBS clergy!





Monday, April 14 (2nd Day of Passover) 11 AM - 12 PM

Congregation Beth Shalom 3343 Walters Ave Northbrook, IL

Register Here





FAST OF THE FIRSTBORN Thursday, April 10 @ 7:45 AM

Because the firstborn of the Israelites were saved from the tenth plague, tradition requires all firstborn to fast on Erev Pesach until the Seder. (This fast is called Ta'anit Bechorim). However, the Law states that if a firstborn hears the completion of a tractate of the Talmud, a siyum, they are no longer responsible to fast. Therefore, on the morning of the first Seder (unless First Seder is on Shabbat), a special service is held for all firstborn, at which they hear the completion of a tractate of the Talmud and are thus no longer responsible to fast on that day. As this is the season when we single out our firstborn, it is very appropriate that all our firstborn be represented.

The service is, of course, not limited to the firstborn alone. This service will be held

Thursday, April 10 at 7:45 am in-person and live streamed from the Feather Beit Midrash.



Sisterhood Judaica Shop

You will find pictures of many beautiful items for Pesach throughout this guide that are available from The Louis Gurvitz Memorial Sisterhood Judaica Shop at CBS. Shop at:

https://cbs-sisterhood-judaica-shop.square.site/ and pay for your merchandise by credit card online. They will contact you to arrange for curbside pickup at CBS. Or email cbsjudaica@gmail.com and you will be contacted directly.







NEW - Behind the Scenes of Selling Your Chametz

Ever wonder what goes on "behind the scenes" when you sell your Chametz through CBS? Join Rabbi Chapman on Monday, April 7 at 7:00 pm via Zoom for a special interfaith opportunity in connection with our Chametz sale. Our designated buyer this year is Rabbi Chapman's colleague, the Rev. Court Williams, rector at St. Giles Episcopal Church, just down the street from CBS. Rabbi Chapman will sell the community's Chametz to Rev. Williams LIVE via Zoom open to members of both communities. Watch to see the transaction and learn more about the tradition of selling Chametz to a non-Jew during Pesach. (Note: Chametz sold after April 7, but still within the allotted timeframe, will still be included in this sale).

You will receive the Zoom link after you sell your Chametz via our Authorization for Sale of Chametz Form.

HOUSEHOLD PREPARATIONS MECHIRAT CHAMETZ SELLING THE CHAMETZ—REPARATIONS Friday, April 11 by 11:45 am

Since we may not possess any leavened food after the burning of Chametz by the morning of the first Seder, we must give up ownership of this food.

It is impossible to destroy all of the Chametz in one's possession. Therefore, rabbinic authorities used a legal fiction embodying a special sale called *Mechirat Chametz*, which is arranged through the clergy. Since the Chametz is sold to a non-Jew, it does not belong to a Jew during Pesach. All material to be sold is isolated from the food and utensils used on Pesach. Pets and other animals should also be sold (although they remain in the house as usual) since most animal food contains Chametz. The clergy arranges for all material to be sold back immediately after Pesach.



The procedure may be arranged by filling out the AUTHORIZATION FOR SALE OF CHAMETZ form online or on the last page of this guide and sending it to CBS at any time before or during the week preceding Pesach, but no later than Friday, April 11th at 11:45 am. If you would like to follow the tradition of arranging the sale personally through Rabbi Chapman or Cantor Stoehr, they will be glad to assist you.

BEDIKAT CHAMETZ: SEARCH FOR LEAVEN Thursday, April 10 After 7:57 PM

Before Pesach, our homes are cleaned very thoroughly. We search our homes for any signs of leavened items. Because our homes have been cleaned so well, traces of leaven, such as a few crumbs of bread, are placed in the corners of our homes and we search them out. A candle is lit to use as a searchlight and the children lead the parents through the house for the search. All particles of leaven are placed in a paper bag, so that they may be burned by 11:45 a.m. on Friday, April 11th.

We recite the following blessing before we begin our search:

BARUCH ATA ADONAI, ELOHEINU MELECH HA'OLAM, ASHER KIDSHANU BE'MITZVOTAV, VE'TZIVANU AL BIYUR CHAMETZ (.....AND COMMANDED US TO REMOVE ALL LEAVENED GOODS).

After our search we recite the following:

KOL CHAMIRAH VECHAMI'AH, DE'EEKAH VIRSHUTI, DE'LA CHAMI'TEI, UD'LAH VE'ARITEIM UD'LAH YADANA LEI, LIB'TEIL VE'LEHEVEI HEFKER, KE'AFRAH DE'AR'AH.

ALL LEAVEN IN MY POSSESSION WHICH I HAVE NOT SEEN OR REMOVED OR OF WHICH I AM UNAWARE IS HEREBY NULLIFIED AND OWNERLESS AS THE DUST OF THE EARTH.

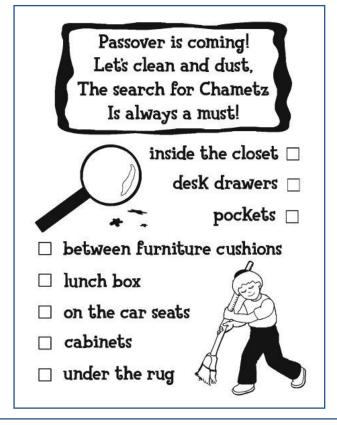
After completing the search for leaven, the crumbs, together with the receptacle used to collect them, are put away in a safe place until the following morning when they are burned in a ceremony called *BIYUR CHAMETZ*, the burning of the leaven. After the burning, the following prayer is recited:

KOL CHAMIRAH VECHAMI'AH, DE'EEKAH VIRSHUTI, DE'CHAZITEI UD'LAH CHA'ZITEI DE'CHAMITEI, UD'LAH CHA'MITEI, DE'ARITEI UD'LAH VA'ARITEI, LIB'TEIL VE'LEHEVEI HEFKER KE'AFRAH DE'AR'AH.

ANY KIND OF LEAVEN THAT IS IN MY POSSESSION WHETHER I HAVE SEEN IT OR NOT, WHETHER I HAVE REMOVED IT OR NOT, IS HEREBY NULLIFIED AND OWNERLESS AS THE DUST OF THE EARTH.

(The text for Bedikat and Biyur Chametz are available in most Haggadot.)





Enjoy the Sisterhood Pesach Kiddushim following these holiday services:

Saturday, April 12 @ 9:30 am - Shabbat Service

Sunday, April 13 @ 9:30 am - Festival Service

Monday, April 14 @ 9:30 am - Festival Service & Yom lyyun (Day of Learning)

Saturday, April 19 @ 9:30 am - Shabbat and Festival Service

Sunday, April 20 @ 9:30 am - Festival Service/Yizkor

Thank you so much to our CBS Sisterhood for their hard work, delicious food and generous time and volunteerism on behalf of the synagogue.

PESACH WITH THE CBS CLERGY

Rabbi David Chapman (RDC) and

Cantor Steven Stoehr (CSS)



We asked Rabbi Chapman and Cantor Stoehr a few questions to reflect upon as Pesach is approaching. You may want to use some of these to encourage a discussion at your Seder.

Q: Karpas symbolizes hope for the future. Jewish tradition always embraces hope, even during uncertain times. What are you hopeful for and why?

RDC: These days, hope can be hard to find. I look for the little, everyday moments – a student grasping a new idea, a bud appearing on a tree, an old friend reaching out – to remind me that "hope springs eternal" as Alexander Pope wrote. Like the sprig of parsley on the seder plate, sometimes hope is simple, yet extraordinary.

CSS: Every day I am hopeful for something different such as someone's recovery from an illness or a healthy delivery of an impending birth. I also have the same hope each day when I wake up, that being that the human race begin to show more humanity to one another. From our cites, to our country, to our global family of other human beings, I know we can do better. I am not only hopeful, but I am confident we can do so.

Q: How does the Exodus story shape your outlook on the world?

RDC: Michael Walzer wrote, "Wherever you live, it is probably Egypt; there is a better place, a world more attractive,

a promised land; and the way to the land is through the wilderness." I can relate to this on both a communal and individual level. The hard part is not knowing how long the wilderness will last. But I take heart in knowing that to yearn for a better world is a nearly universal experience. We are not alone.

CSS: The Exodus was not the first episode of slavery and freedom about which I learned when I was young. My father taught me stories of his life during the Holocaust which were laced with the message of *Let My People Go*. Soon thereafter I would learn about the Exodus in Hebrew School and then slavery in our own country. The amalgamation of these lessons in my young mind charged me with an innate duty to work for the underdog. Much of what I did as a young man, and now as an adult, was inspired by these lessons.

Q: "Dayenu" – What moments of gratitude can you share – even on the days when you feel like you've had enough?

RDC: I am thinking about the dual meaning of the word "enough." In both Hebrew and English, enough could mean "I've had enough!" (excess) or "I have enough" (sufficiency). This year, we've had plenty of the first meaning of "enough" – We've had more than enough heartache, uncertainty, and challenge. But we can also recall many moments of sufficiency, gratitude, and completeness. A favorite teaching from the Talmud (Chagiga) interprets God's name "Shaddai" as an abbreviation for "mi she'amar dai I'olamo" – the One who said "Enough!" to God's world. If God can be satisfied with the world, maybe we can too…

CSS: Waking up each day and going to pray with a community of people who care about me and about whom I care. It broadens the net of compassion between individuals to share in sacred time, as well as knowing I am doing my share to perpetuate our faith and traditions.

FAVORITE RECIPES FROM OUR CBS SISTERHOOD PESACH KIDDUSHIM



Banana Cake-Dairy (Leatte Gelfeld)

1 1/4 cups sugar

1 cup mashed bananas (NOT more)

1/2 cup unsalted butter (1 stick)

3/4 cup potato starch

2 eggs (break egg separately into small dish to check 1/4 cup Gluten Free matzah cake meal

for blood)

1/2 teaspoon salt

1 teaspoon baking soda

1 teaspoon pure vanilla extract

4 tablespoons sour cream

- 1. Preheat oven to 350 degrees
- 2. Cream butter and sugar.
- 3. Add eggs, beaten lightly.
- 4. Dissolve baking soda in the sour cream, add to mixture and beat well.
- 5. Add bananas, cake meal, potato starch, salt and vanilla.
- 6. Grease 1 loaf pan and bake for 55-60 minutes.
- 7. Cook, slice, and serve.





Passover Potato Kugel (Tory Avery)

2 1/2 pounds russet potatoes

1 whole large onion

3 eggs

2 1/8 teaspoons Diamond salt

1/4 teaspoon black pepper

3 tablespoons potato starch

1/8 cup (2 Tab) extra virgin olive oil, divided

- 1. Place a 9x13 baking dish in the oven and preheat oven to 400 degrees, letting the dish heat up inside.
- 2. Use a food processor or hand grater to grate the potatoes into large shreds.
- 3. Place the potato shreds in a large mixing bowl and cover with cold water. Let shreds sit for a few minutes.
- 4. Meanwhile, peel and shred the onions in the food processor or with hand grater. Reserve.
- In a medium mixing bowl, whisk together the eggs, salt and pepper until fluffy.
- 6. Drain the potato shreds in a salad spinner. Spin to push out the excess liquid.
- 7. Place grated potatoes in a large bowl. Add the seasoned eggs, grated onions and potato starch to the bowl. Use your hands to mix all ingredients together until well combined.
- 8. Take the preheated dish out of oven. Quickly pour in 1 tbsp olive oil, then use a pastry brush to carefully spread the oil around the bottom and sides of the hot dish.
- 9. Carefully and quickly spread the potato mixture into an even layer in the baking dish (it should sizzle!), then drizzle the remaining 1 tbsp of olive oil across the top.
- 10. Bake uncovered at 400 degrees for 60-70 minutes until it is nicely browned across the top. If it seems to be browning too fast (before the center is cooked), cover the kugel to keep it from over-browning. You want it to have a nice golden crust. Best served hot. Let sit for 5-10 minutes before slicing and serving.











These items are available at the CBS

Sisterhood Judaica Shop



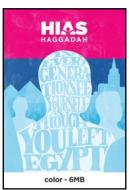
HAVE YOU EVER THOUGHT ABOUT MAKING YOUR OWN HAGGADAH OR WOULD YOU LIKE TO ADD SOMETHING NEW TO YOUR SEDER?

Great resources to help you create your own Haggadah or add to your Seder:



and user-friendly online resource to make your own Haggadah and it's free. After you register, you can choose from a library of readings and images. The site guides you through the process with tem-

plates and an outline of all the sections of the Seder. You can search by themes, family-friendly and other specific needs. You can also invite your Seder guests to log-in and participate in the Haggadahmaking. When you're done, you print it out as a PDF file or download to your guests' mobile devices.



Connect the Passover story and today's refugees. Passover invites us to imagine ourselves as though we experienced the Exodus from Egypt as we retell the Passover story - the Jewish people's original refugee story. More than 100 million people around the world have been forced to flee their own homes

from those who have fled from Afghanistan and Ukraine, Rohingya, and those still fleeing Syria and Darfur as well as asylum seekers at the U.S. borders, and many others. Download the HIAS Haggadah to include a deeper exploration of the global refugee crisis and the foundational liberation story of the Jewish people at your Seder this year.

A Jewish Response to Hunger - MAZON collaborates



with diverse stakeholders to showcase what's possible: a country built on compassion, mutual support, and meaningful opportunity. By reflecting on the world as it is, we create a vision of what it could be — one where those in need are supported, the powerful are held to

account, and hunger is a distant memory. Every year at Passover, we affirm our obligation to care for one Haggadot.com is a comprehensive another by proclaiming "Let all who are hungry come and eat." Add MAZON's Fifth Question to your Seder or use their Haggadah. MAZON's Hunger Seder Haggadah orients the entire seder experience around hunger - Download the MAZON Hunger Seder.



The story we retell each year at our Seder tables illuminates the core narrative of the Jewish people: we were once slaves in Egypt, but now we are free. This story still resonates today with the struggles and

journeys to freedom still traveled by so many oppressed communities around the globe. This year, put social justice at your seder table. When we recount the iconic story of our ancestors' liberation from Egypt it can deepen our resolve to tackle oppression today - from racism, poverty and authoritarianism, to global hunger and the climate crises. Acting on Passover's ancient call for freedom, we can hasten freedom for women, girls, LGBTQI+ people, Indigenous communities, religious and ethnic minorities, and other marginalized groups and the world. At this year's Seder we can challenge ourselves to take a more active and more meaningful role in hastening their freedom - Download the American Jewish World Service Global Justice Haggadah: Until We Are All Free.

CBS Office Closings

(closed all day unless noted)

Closed for Pesach Monday, April 14

Maot Chitim Passover 2025 Volunteering Sunday, April 6

Pack Boxes with Perishables on Delivery Day
You must be 12 or older to volunteer in the
warehouse (1610 Deerfield Rd, Highland Park)
Food packing 6:00-8:45am

Volunteer Here

Deliver Boxes to Suburbs and City
The Whole Family is Invited!
Delivery between 9:00-10:30am

Volunteer Here

For more info contact <u>info@maotchitim.org</u> or call 847-674-3224



PESACH ACTIVIES FOR FAMILIES

Pesach Activities

- Have a make-your-own charoset buffet table, with a variety of ingredients to choose from.
- Provide a tent area near the Seder table with books,
 Pesach games and puzzles for the children to play with while the adults conduct the Seder.
- Pesach Bingo: print out fun and colorful BINGO cards by celebrated children's book illustrator *Dena Ackerman*.
 The cards are free, just sign up on her website and up to 30 different cards can be downloaded and printed.
 Click here to get the FREE Bingo card file.
- Check out PJ Library's Passover Printables including the Mad Libs-Styles printables they have! Download PJ Library's Interactive Family Haggadah here!
- Have your guests narrate the voices of Moses, God, or whomever they'd like in the story.
- Make a word search using Pesach terms at this word search creator <u>website</u>.
- Use bubbles and water bottle sprayers when you talk about the parting of the Red Sea and, for babies, play Afikomen peek-a-boo using scarves or cloth napkins.

THE SEDER PLATE



Zeroa - **shank bone** – a roasted lamb bone (a roasted beet is a vegetarian alternative) - this commemorates the Pesach sacrifice, the Paschal lamb, made the night the ancient Hebrews fled Egypt.

Beitzah - **egg** - a roasted hard-boiled egg - a symbol signifying springtime and renewal.

Karpas – a green vegetable, usually parsley. While parsley may symbolize the freshness of spring, others say people eat it to make them feel like nobility. *Some families use boiled potatoes, continuing a tradition from Eastern Europe where it was difficult to obtain green vegetables.

Charoset – a mixture of apples, nuts, wine, and cinnamon that represents the mortar used by the Hebrew slaves to make bricks.

Maror – any bitter herb will work, though typically red or white horseradish is used (or romaine lettuce). Bitter herbs bring tears to the eyes and recall the bitterness of slavery of the Jews in Egypt. A new way to look at this is for people to look at their own bitter enslavements, whether addiction or habit.

Chazeret - a second bitter herb - the symbolism is the same as maror (not all Seder Plates have this sixth spot).

Other items you might find on a Seder Plate:

Orange - to symbolize oppression

Fair trade chocolate, coffee, or cocoa beans - to bring awareness to forced child labor in the chocolate and coffee industries

Olives - as the olive branch is known for being a symbol of peace, olives are used as a symbol of hope for a future of peace between Israelis and Palestinians.

CBS PESACH PROGRAMS

Tues-Wed, April 1-2 @ 10:00am-8:00pm

Sisterhood Passover Kiddushim Cooking

Monday, April 7 @ 7:00pm

Pre-Pesach Sale of Chametz via Zoom

Thursday, April 10 @ 7:45am

Fast of the Firstborn

Thursday, April 10 After 7:57pm

Bedikat Chametz (Search for Leaven)

Friday, April 11 @ 11:45am

Deadline to Sell and Burn Chametz

Saturday, April 12

Erev Pesach/1st Seder

Monday, April 14

Pesach—CBS Main Office Closed

Monday, April 14 @ 11:00am

Yom Iyyun (Day of Learning) for 3-11 year olds & their families

Tuesday, April 15 @ 4:00pm

Chaverim Chocolate Seder (3rd-5th grade)

Saturday, April 19 @ 10:00am

Religious School Special Edition

Sunday, April 20 After 10:00pm

You May Consume Any Chametz That You Authorized Rabbi Chapman & Cantor Stoehr to Sell





These beautiful items are available at the CBS Sisterhood Judaica Shop -

https://cbs-sisterhood-judaica-shop.square.site/



AUTHORIZATION FOR SALE OF CHAMETZ 5785/2025

Skip the paper this year!

Fill out and submit this form **ONLINE HERE**

I (We)		
do hereby authorize and designate Rabbi Chapman/0	Cantor Stoehr as my (our) agent to act on my (our)	behalf to sell and to
transfer by transactions all Chametz (as defined by t	he Torah and Rabbinic Law) of whatever kind and w	wherever situated at my
(our) residence at:		
or in my (our) place of business located at:		·
All of the aforesaid Chametz will be sold in accordan	nce with the requirements of Jewish law and also in	accordance with the State
of Illinois and is intended as a binding legal transaction	on.	
I (We) further state that the Chametz covered be my personal benefit during the period commencing concluding after 10:00 pm on Sunday evening, A	-	
Signed	and dated	2025.
My voluntary donation to Maot Chitim is encloamount of your donation to support their annual ho	osed. Your generosity is greatly appreciated. Onliday food deliveries to our community members in	CBS will forward the full need.
Form due no later than Friday, April 11, 202	5 at 11:45 am.	

